

Winter/Spring 2025



MAEA

Maine
Adult Education
Association

www.msad54.maineadulted.org
Skowhegan Area 474-7553

**RSU 54/MSAD 54 Adult &
Community Education**

INSIDE

Register Now!

REGISTRATION BEGINS January 2, 2025! Some classes have limited enrollment, and registrations are accepted on a first come, first served basis. Classes not meeting minimum enrollment may be cancelled. **REGISTER** early, so we don't cancel the class you want!

Seniors (62+) are eligible for a 25% discount on most classes.

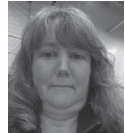
RSU 54/MSAD 54 Adult Education

Located at Skowhegan Area High School
61 Academy Circle, Skowhegan 04976
Phone: (207) 474-7553 Fax: (207) 474-0992
Web site: www.msad54.maineadulted.org

Director
Jeremy Lehan
474-7553 ex. 4601
E-mail: jlehan@msad54.org



HiSET Coordinator
Heather Toth
E-mail: htoth@msad54.org



Career and College Coordinator
January Hapworth
E-mail: jhapworth@msad54.org




Registration Office Hours:
Monday-Thursday, 8:30 a.m. to 4:30 p.m.
Friday, 8:00 a.m. to 12:00 p.m.
Closed on legal holidays and during school vacations.

MSAD 54 Adult Education



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Look for these new courses:

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- Real Estate Sales Agent Online pg. 10
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Cover Photo:
Photo compliments
of Traci Lehan

**Find us on Facebook! Search for
Skowhegan Area Adult Education.**



LITERACY & FAMILY LITERACY

Adult Basic Education

Community Literacy

- ◆ Small group classes
- ◆ One-on-one attention
- ◆ Instruction focused on individual needs

To get started, call 474-7553, or email adulted@msad54.org

Community Academy Language Arts & Math Instructor: Alan Haley

Achieve additional academic knowledge and skills required to pursue a full range of career, secondary and post-secondary opportunities. This course helps students prepare for and complete required training, education, and certification necessary for employment.

Instruction emphasizes language arts and math skills. If you are preparing to take the high school equivalency test (HiSET), working on a traditional high school diploma, or studying to improve CASAS scores, this class is for you.

Start Date: 1/6/2025 End Date: 5/14/2025
Day/Time: Mon/Wed 9:00 a.m. to 12:00 p.m.
Location: SAHS Course Site
Tuition: FREE

Life Skills

Instructor: Jean Philpot

In this class, especially designed for adults with learning challenges, students will enhance everyday life skills by improving their basic reading, writing, and problem-solving proficiencies.

Participants will work toward developing customer service, teamwork, and business skills by operating a small café.

Learners set their own individualized goals and work toward them in a safe, nurturing, and creative environment. Contact the Adult Education office for additional information.

Start Date: 1/27/2025 End Date: 5/14/2025
Day/Time: Mon/Wed 5:00 p.m. to 7:00 p.m.
Location: SAHS Room: Y9
Tuition: FREE

English for Speakers of Other Languages (ESOL)

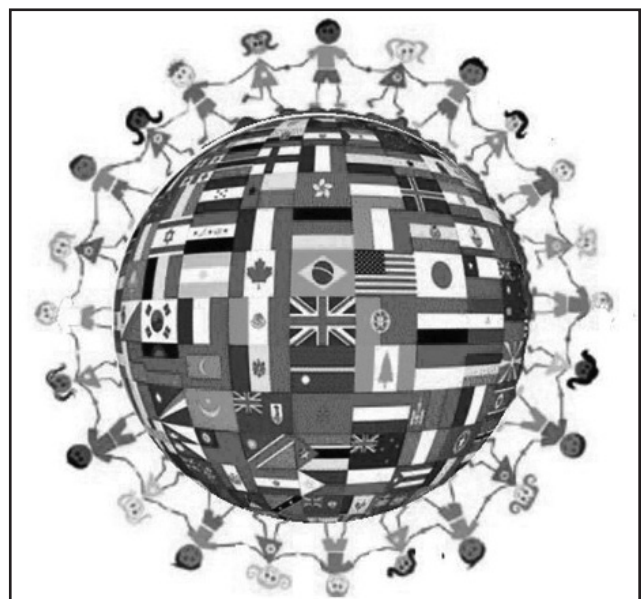
Instructors: Cornelia Pleasants and Lisa Padulo

Beginner: In person at SAHS
Intermediate: Online on Zoom

This class assists students who are not native English speakers in developing reading, writing, speaking and listening skills. Instruction is designed to meet learners' needs and can include helping participants with such important tasks as exploring how to talk with their child's teacher, scheduling healthcare appointments, completing grocery shopping, obtaining a driver's license, finding employment, or learning about other valuable community resources.

Students can enter the class at any time and there is no charge for instruction. Learners at all levels of English proficiency are welcome. For more information, please call 474-7553.

Start Date: 1/14/2025 End Date: 5/15/2025
Day: Tues/Thur
Time: Beginners: 5:30 p.m. - 7:00 p.m.
Intermediate: 5:30 pm - 6:45 p.m.
Location: SAHS or Online
Tuition: FREE





HIGH SCHOOL COMPLETION

HiSET

Make this the year you decide to complete your high school education! Our program offers two ways to earn your high school credentials. You can obtain an equivalency diploma by successfully passing the HiSET® (formerly GED) exam or you can earn an MSAD 54 diploma by earning the required credits.

Remember orientation, all classes, testing and other services leading to a high school diploma are offered FREE OF CHARGE.

HiSET®

By taking the HiSET® exam, you can earn a state-issued high school equivalency credential which you can use to advance your career, join the military, begin a training program or continue your education. Affordable, accessible and flexible, the HiSET exam is the fastest-growing high school equivalency test. For more information – check out the website: <https://hiset.org/>

The HiSET® exam covers five content areas: Social Studies, Science, Mathematics, Language Arts: Writing, and Language Arts: Reading.

Are you ready to get started? Call TODAY to register for HiSET 101 at 474-7553 or email adulthood@msad54.org

HiSET® 101 - ONLINE OR IN PERSON

Instructor: Heather Toth

Get started in the HiSET® Program by attending our orientation for new students. Orientation will provide an overview of the HiSET® process and guide participants through intake, assessment, and pre-testing. In addition, workshops on college and career planning, financial literacy, and technology skills (all essential skills for success at college and in the workplace) will be provided.

This year we are excited to continue offering one of our HiSET 101 sessions online. Instruction will occur using tools like Zoom and Google Classroom. Students will still come in occasionally for one-on-one testing.

Attendance at orientation classes is mandatory. At the end of orientation, students will be referred to final HiSET® testing or scheduled for additional academic help.

If possible, students should bring a **valid photo id and social security card** to the first class.

Space is limited so call 474-7553 TODAY to register! ***

January 6 - February 3, 2025

- Monday/Wednesday
- 8:30 a.m. - 11:30 a.m. Online class
- 3:30 p.m. – 6:30 p.m. SAHS

February 10 – March 12, 2025

No classes the week of 2/17.

- Monday/Wednesday
- 8:30 a.m. - 11:30 a.m. Online class
- 3:30 p.m. – 6:30 p.m. SAHS

March 24 – April 16, 2024

- Monday/Wednesday
- 8:30 a.m. - 11:30 a.m. Online class
- 3:30 p.m. – 6:30 p.m. SAHS

April 28 – May 21, 2024

- Monday/Wednesday
- 8:30 a.m. - 11:30 a.m. Online class
- 3:30 p.m. – 6:30 p.m. SAHS

HiSET® 201 - ONLINE OR IN PERSON

Instructors: January Hapworth & Heather Toth

This class is designed to help students master the knowledge and skills necessary to pass the HiSET exam.

Think you're the only one who doesn't know how to divide fractions? Do you dread having to write an essay for the high school equivalency test? Do not be discouraged – we can help!

Join this class, where you will gain new knowledge and skills and have fun at the same time. Online test preparation will also be available.

Prerequisite: Must complete HiSET 101 prior to starting this class.

Start Date: 1/7/2025
Day/Time: Tues/Thurs

End Date: 5/22/2025
In person 3:30 to 5:00 p.m.
Remote 5:00-6:30 p.m.

Location: SAHS or Zoom

Students will have the option of participating remotely or in person. Remote learners will still come to SAHS for occasional testing.

HiSET® Official Testing

Official testing is typically held at Skowhegan Area High School on Monday and Wednesday afternoons. **Dates and times may change as student needs change.**

All testers must have successfully completed HiSET 101 and receive approval before moving to final testing. Call 474-7553 or email adulthood@msad54.org to schedule a testing date.

HIGH SCHOOL COMPLETION

High School Diploma

High School Diploma Program
Courses taken as part of a High School diploma program
are available **FREE** to all students.

Earn a Skowhegan Area High School Diploma through our adult education program.

Credits previously earned from high school or from other adult education programs count toward degree requirements. Adults with life experience may be entitled to credit for military service, work experience, and volunteer service.

Contact the Adult Education Office at 474-7553 for additional details.

Earning Credits

Qualifying students may be able to earn diploma credits through successful completion of the following College Transition classes:

Reading Skills, Writing Skills, Number Skills, and Algebra Skills

Upon approval from the Adult Education Director, adult learners can also earn credits toward completing a high school diploma through computer-based learning opportunities.



Literacy Volunteers of Franklin and Somerset Counties

In some situations, Literacy Volunteers can provide a **FREE** one-on-one tutor to help you with the following:

- Improving reading or math skills
- Working on HiSET (high school equivalency test)

LV has also been hosting Zoom workshops on Wednesdays; topics include writing, math, reading, and community presenters.

For more information visit www.westernmaineliteracy.org or contact Executive Director Sara Beech at (207) 500-3131.



MAINE COLLEGE & CAREER ACCESS

- **Want to go to college?**
- **Enrolled in college and struggling?**
- **Hoping to advance in your career or pursue a new one?**
- **Looking to earn a diploma?**

The Maine College and Career Access program is dedicated to helping adults of all ages realize their career and college aspirations.

We will assist students by providing quality instruction supplemented by advising, mentoring, and support services that will allow them to successfully achieve their goals.

All services are free for qualifying participants. Contact the adult education office and make an appointment today!

Phone: 207-474-7553 or Email: adulthood@msad54.org



Algebra and Number Skills for College IN PERSON

Instructor: January Hapworth

Are you preparing to take or currently taking a college math course? In Algebra and Number Skills, there will be a review of whole number operations, fractions, decimals, percentages, and other essential math skills. You will also learn essential algebraic terms, equations, and processes. This knowledge will increase your understanding and lead to greater success!

Start Date: 1/6/2025 End Date: 5/14/2025

Day/Time: Mon/Wed 1:30 - 3:00 p.m.

Location: SAHS

Tuition: **FREE for qualifying Students**

Algebra and Number Skills: Online Support Instructor: January Hapworth

Note: This class will be offered virtually through a combination of email, texting, Zoom, and/or online learning. A CASAS score of 226 or above is recommended.

These online tutoring sessions will help support students who are enrolled or are preparing to enroll in Algebra I and/or entry-level college math.

Sessions must be scheduled with the instructor.

Contact the Adult Education office at 207-474-7553 for more details.

Start Date: 1/7/2025 End Date: 5/15/2025

Day/Time: Tues./Thurs.

Location: Zoom, by appointment

Tuition: **FREE for qualifying Students**

Reading and Writing Skills for College IN PERSON

Instructor: Jeremy Lehan

If you are planning to take or currently enrolled in a college reading or writing class, this class is for you.

Reading/Writing Skills will help students improve reading comprehension and critical analysis; in addition, it will also cover the grammar and writing skills that are required for success in college level courses.

Start Date: 1/6/2025

End Date: 5/14/2025

Day/Time: Mon/Wed

12:30 p.m. – 2:00 p.m.

Location: SAHS

Tuition: **FREE for qualifying Students**



Reading and Writing Skills - Online Support Instructor: Heather Toth

Note: This class will be offered virtually through a combination of email, texting, Zoom, and/or online learning. Students may occasionally be required to come to Skowhegan Area High School for testing.

These online tutoring sessions will help support students who are enrolled or are preparing to enroll in college reading or writing classes.

Sessions must be scheduled with the instructor.
Contact the Adult Education office at 207-474-7553 for more details.

Start Date: 1/9/2025 End Date: 5/15/2025
Day/Time: Thursday
Location: Zoom by appointment

Tuition: **FREE for qualifying Students**



The Skowhegan University Course Site provides on-site proctored testing for the University of Maine, Augusta. This means that if your course requires a test to be proctored, you can come to Skowhegan Area High School instead of the UMA campus, saving both time and travel expenses.

We also have a "Zoom Cart" online students can access to participate in class and/or to complete assignments. FMI, contact Skowhegan Adult Education at 474-7553 or email adulted@msad54.org.

A full list of UMA courses can be found on their website: <https://www.uma.edu/>

HELP WANTED

We're always looking for new course ideas and instructors

Adult and Community Education offers a variety of personal enrichment courses. If you would like to teach a class, please call the Adult Education Office at 474-7553 and request a course proposal form. Proposals for the Fall session are due by June. 15.



College and Career Success Coordinator

Our College and Career Success Coordinator, Carolyn Haskell, can help current KVCC students as well as anyone who is thinking about attending KVCC with the following:

- College Tours
- Completing the KVCC Application
- Applying for Scholarships
- Program and Course Selection
- Academic and Career Planning
- Academic Success Coaching and Tutoring Referrals
- Time-Management, Notetaking, and Study Skills
- Learning how to Navigate BrightSpace
- And more!

Carolyn is located on the KVCC campus and is available to assist both in-person and online students.

Call (207) 474-7553 today for more information.

Brighter Futures Day!

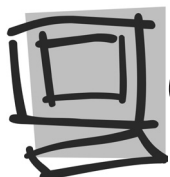
**Free KVCC Tour for Adult Education Students
Wednesday, March 19, Time TBD
King Hall, Fairfield Campus, 92 Western Avenue**

We've Designed this Special Day Just for You!

What Will You Do?

- Tour both the Fairfield and Alford Campuses & learn about the Programs Offered
- Meet KVCC and MEOC Staff Who Make Applying to College Easy
- Discover the Great Ways that KVCC Supports Its Students
- Determine if KVCC Feels Like the Place for You!

FMI or to register please visit msad54.maineadulted.org, email adulted@msad54.org, or call 474-7553.



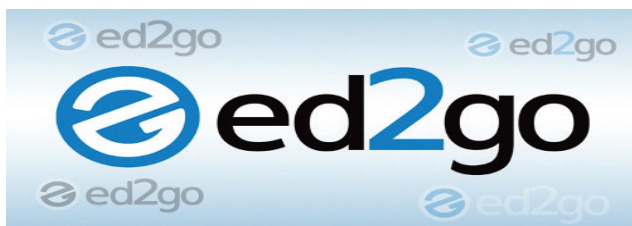
CAREER & TECHNICAL TRAINING

These courses can lead to licenses and/or professional credentials!

Do you enjoy helping others? Are you looking for a career with many rewards? If so, then one of these options might be for you.

MSAD 54 Adult Education partners with area providers to provide **Certified Nursing Assistant (CNA)** training, typically once or twice a year. In many instances, there is no cost for eligible participants.

We anticipate that the next CNA class will be in March 2025. For more details or to request an application please call the Adult Ed office at 474-7553 or check our website msad54.maineadulted.org/.



Ed2Go – Online Certificates and Courses (Instructor led, asynchronous)

The following classes are only a few of the online courses offered at Ed2Go. For a complete list and for more detailed descriptions, please visit the following website: <https://www.ed2go.com/skowaded/>

Introduction to Quickbooks Online

Instructor led: starts 1/15, 2/12, or 3/12, six weeks
Cost: \$139

Self-paced no instructor: anytime with a three-month access to class
Cost: \$139

Writing for Children

Instructor led: starts 1/15, 2/12, or 3/12, six weeks
Cost: \$115

Medical Terminology: A Word Association Approach

Instructor led: starts 1/15, 2/12, or 3/12, six weeks
Cost: \$135

Self-paced no instructor: starts anytime with a three-month access to class
Cost: \$135

Many other classes available. Visit <https://www.ed2go.com/skowaded/> to view additional options!



UGotClass – Online Certificates and Courses (Instructor led, asynchronous)

The following classes are only a few of the online courses offered at UGotClass. Please contact us for a complete list and visit our website for more detailed descriptions.

Introduction to Game Design

February 3-28, 2025
Cost \$245

The Basics of Bookkeeping

March 3-28, 2025
Cost \$195

Integrating Social Media in Your Organization

April 7- May 2, 2025
Cost \$195

CAREER & TECHNICAL TRAINING



MAEA

Maine
Adult Education
Association

Microsoft and Quickbooks Training

LIVE Online Microsoft Workshops
Taught by former KVCC Instructor Val Landry
For more detailed descriptions, visit our website
www.msad54.maineadulted.org

Microsoft Excel - Basics
Thursdays, 2/6, 2/13, and 2/27, 8:30-11:30 a.m.
Cost: \$89.00

Microsoft Excel - Intermediate
Thursdays, 3/6, 3/13, and 3/20, 8:30-11:30 a.m.
Cost: \$89.00

Microsoft Excel - Advanced
Thursdays, 4/3, 4/10, and 4/17, 8:30-11:00 a.m.
Cost: \$89.00

Microsoft Excel - Power Tools
Thursdays, 5/1, 5/8 and 5/15, 8:30-11:30 a.m.
Cost: \$89.00

LIVE Online Quickbooks Workshops
Taught by former KVCC Instructor Val Landry
For more detailed descriptions, visit our website
www.msad54.maineadulted.org

Basic Accounting Principles & Quickbooks Online
Tuesdays, 2/4, 2/11, and 2/25, 8:30-11:30 a.m.
OR 4/1, 4/8, and 4/15
Cost: \$89.00



Sales Agent Online Course

Instructor: Bob Joslyn

Mr. Joslyn has been a licensed real estate broker in ME since 1988 and a solo agent at Keller Williams Realty for the past eight years. In addition, Bob has taught business courses at Husson University for more than 20 years.

This 55-hour remote learning real estate agent course, approved by the Maine Real Estate Commission, is a prerequisite to taking the Pearson VUE state licensing exam. Based on the book, *Introduction to a Successful Career in Maine Real Estate* by Charles "Kim" Coit, its content includes material that is basic to the practice of real estate in Maine.

Attendees must be 18 or older, and a high school diploma or equivalency is required to get a license. See our website, msad54.maineadulted.org, for additional details.

Self-paced, online study that must be completed within one year.

Tuition: \$370.00

Introducing
HUB 4

**CHOOSE COURSES FROM THE
LOCATION THAT'S BEST FOR YOU!**



Lawrence Adult Education

Fairfield 207-453-4200 ext. 3114
HiSET, Adult Diploma, College Transitions,
Workforce Training, and Enrichment Courses



RSU 54 Adult Education

Skowhegan 207-474-7553
HiSET, Adult Diploma, College Transitions,
Workforce Training, and Enrichment Courses



Spruce Mountain Adult Education

Livermore Falls 207-897-6406
HiSET, Adult Diploma, Workforce Training, and
Enrichment Courses



Franklin County Adult Education

Farmington 207-778-3460
HiSET, Adult Diploma, College Transitions,
WorkReady Certificate, and Enrichment Courses



MSAD 53 Adult Education

Pittsfield 207-487-5145 ext. 320
HiSET



PERSONAL ENRICHMENT

Arts & Leisure

Photoshop - Independent Study & Projects

Facilitator: Lynn Perry

Photoshop students from previous sessions will continue this spring in an eight-week independent study format. Students will fine tune their projects using photo enhancement for lighting, color and size; and add artistic elements with filters, text and framing.

Others who have been using Photoshop Elements or Photoshop are welcome to join the group for project support. The aim of this class is not traditional instruction but to create a place for group sharing, support, and experimentation.

Start Date: 2/24/2025 End Date: 4/14/2025
 Day/Time: Monday 3:30 p.m. to 6:00 p.m.
 Location: SAHS Room: Blue 2
 Tuition: \$45.00 Registration Fee: \$5.00
 Material Fee: \$20.00



Photography: After Dark

Instructor: Mike Leonard

ONLINE - one-night workshop

In this one-night class we will explore all the things you need to know to take successful images after the sun sets and before the sun rises. This session reviews exposure, how to shoot images in the dark—including the Milky Way and Aurora—and how to capture your best photo under just moonlight. We will review equipment helpful for nighttime photography, including using a cell phone.

Date: 4/10/2025
 Day/Time: Thursday 7:00 p.m. to 8:30 p.m.
 Location: Zoom
 Tuition: \$20.00 Registration Fee: \$5.00
 Enrollment Min/Max: 5/25



Make Your Best Shot—An Introduction to Digital Photography

Instructor: Mike Leonard

A former technical director for Time Warner Cable, Mr. Leonard was also the Host Photographer for the Barefoot Windjammer group in the 90's, where he presented hands-on photography instruction aboard photo-themed cruises in the Caribbean and Panama.

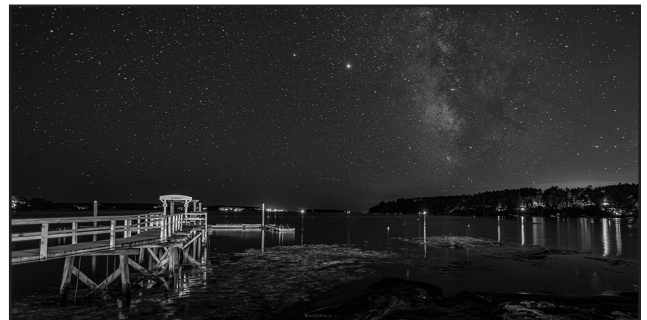
ONLINE - one-night workshop

In this one-night class participants will learn the basics of digital photography: what you should have read in your owner's manual but didn't!

Topics covered include camera settings, understanding exposure and white balance, tips for making your best shots of various subjects. It's a perfect session to attend BEFORE going on a vacation so you can take home your best shots.

We are offering a \$5 discount to those who register for both of Mike's workshops.

Date: 4/9/25
 Day/Time: Wednesday 7:00 p.m. to 8:30 p.m.
 Location: Zoom
 Tuition: \$20.00 Registration Fee: \$5.00
 Enrollment Min/Max: 5/25



PERSONAL ENRICHMENT

Arts & Leisure

Instant Piano for Hopelessly Busy People **Instructor: Craig Coffman**

ONLINE - one-night workshop

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do: using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes.

Fee includes the online book, online follow up lessons, a recording of the class and an optional periodic question and answer session. Held online using Zoom, the class is partly hands-on instruction and partly lecture/demonstration.

Date: 3/3/2025
Day/Time: Monday 6:30 p.m. to 9:30 p.m.
Location: Zoom
Tuition: \$55.00 Registration Fee: \$5.00
Enrollment Min/Max: 1/15



Instant Guitar for Hopelessly Busy People **Instructor: Craig Coffman**

ONLINE - one-night workshop

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away.

Fee includes the online book, online follow up lessons, a recording of the class, and an optional periodic question and answer session. Held online using Zoom, the class is partly hands-on instruction and partly lecture/demonstration. For ages 13+.

Date: 3/4/25
Day/Time: Tuesday 6:30 p.m. to 9:00 p.m.
Location: Zoom
Tuition: \$55.00 Registration Fee: \$5.00
Enrollment Min/Max: 1/15



PERSONAL ENRICHMENT

Arts & Leisure



Basic Blacksmithing

Instructor: Steve Anderson

This "Basic Blacksmithing" course is dedicated to the late Richard (Dick) Tessier. Dick was a tireless promoter of education and passionate about keeping this ancient craft alive and well. He is missed.

In this two-day, introductory course explore the basics of the blacksmithing trade. Learn everything from wearing safety clothes to building and managing a coal fire. Learn what tools are needed to bend, twist, punch, drift, and forge shoulders.

After watching demonstrations of specific blacksmithing techniques and tool use, students will be provided practice time.

There is a \$10.00 fee for materials and fuel which will be paid to the instructor on Saturday.

Day 1: Saturday, 4/26/25

Time: 8:00 a.m. to 4:00 p.m. (bring own lunch)

Day 2: Sunday, 4/27/25

Time: 8:00 a.m. to 11:00 a.m.

Location: 266 Frederick Corner Rd.
Norridgewock, ME

Tuition: \$55.00 Registration Fee: \$5.00

Enrollment Min/Max: 6/8

Sewing Workshop

Instructor: Mary McCann-Baker

Ms. McCann-Baker is a lifelong hobby sewist and has taught sewing to elementary age students.

Using a provided sewing machine, this class is intended to give a beginning sewist skills to create simple non-clothing projects or a garment. Those with more experience and/or their own machine can bring in materials and pattern for a project of their choosing to work on with guidance and/or specific instruction.

Depending on needs, topics covered may include: seam treatments, using a pattern, repairing/replacing items, basic garment construction, sleeves, button-holes, zippers, etc.

Dates: 3/6/25-4/10/25

Day: Thursday

Time: 6:30 p.m. to 8:30 p.m.

Location: SAHS

Room: Yellow 9

Tuition: \$50.00

Registration Fee: \$5.00

Enrollment Min/Max: 6/8



Somerset County Correctional Facility

Skowhegan Area Adult Education collaborates with Somerset County to offer comprehensive educational programs at the Somerset County Correctional Facility.

Services include basic literacy instruction, high school completion, academic testing, and college preparatory classes

Call the Adult Education office at 474-7553 for additional details.

PERSONAL ENRICHMENT

Arts & Leisure

Improve Your Guitar Playing Instructor: Bob Lovelace

This class will be best for intermediate players, but all are welcome. If you are a beginner, you may find it challenging; and if you are a pro, it may not be enough for you.

The focus will be songs: songs that each student would like to learn, improve, and perfect. Within that context we will discuss key signatures, chord progressions, melody, singing, meaning, music theory, capos, and performance. Other topics and questions will be addressed as needed.

Mr. Lovelace has played music professionally for over 40 years and taught a guitar class many times. Bob says, "I always try to be as helpful as I can with each student individually. I am looking forward to this class, and I hope you can join me."

Start Date: 2/5/25 End Date: 4/16/25 (no class 2/19)
Day/Time: Wednesday 6:30 p.m. to 8:00 p.m.
Location: SAHS Room: TBD
Tuition: \$90 Registration fee: \$5
Enrollment Min/Max: 6/10



Handchime Choir Instructor: Gail Kelly

A music teacher in MSAD 54, Ms. Kelly teaches hand chimes at Colby and also directs the Over the River Ringers.

Participants will learn the art of playing in a handchime choir.

No experience or equipment is necessary—just a love of music and a willingness to work as part of a team.

Start Date: 2/6/2025 End Date: 3/27/2025
(No class on 2/20)
Day/Time: Thursday 4:30 p.m. to 5:30 p.m.
Location: SAMS Room: TBA
Tuition: Free Registration Fee: \$5.00
Enrollment Min/Max: 2/12

PERSONAL ENRICHMENT

Culinary Arts

Cooking Matters

Instructor: Terri Dendy

In this training series developed by Maine SNAP, participants will participate in a cooking demo and taste-test; each class, they will also leave with ingredients to prepare the demo meal at home! Topics covered:

- Choosing Fruits, Vegetables, and Whole Grains
- Healthy Eating Starts at Home
- The Power of Planning
- Shopping Smart
- Recipe for Success

Start Date: 4/1/25

End Date: 5/13/25

(No class 4/22)

Day/Time: Tuesday

4:00 p.m. to 6:00 p.m.

Location: SAHS

Room: Yellow 9

Tuition: Free

Enrollment Min/Max: 4/10



Ferment This!

Sauerkraut (with decorations for gift giving)

Instructor: Emma Holder

Emma attended McGill University, earning a BS in 1991 and a Masters in 1993 in microbiology and immunology. FMI visit emmaholder.com/fermentation.

ONLINE - one-night workshop

You'll learn a basic tried and true sauerkraut recipe, technique and troubleshooting. We'll add various vegetable shapes and designs for a beautiful presentation that makes excellent gifts.

Local delicious cabbage makes ferments that last for months and maintain flavor and nutrient content. You'll learn about the marvelous microorganisms that surround us, give us "terroir" and keep us healthy.

Thursday, March 6, 2025, 6:00 to 7:15 pm

Zoom link and materials list shared upon registration.

Tuition: \$20.00

Registration Fee: \$5.00

Enrollment Min/Max: 1/8

Ferment This! Peppers, Carrots, and Beyond

Instructor: Emma Holder

ONLINE - one-night workshop

Fermenting vegetables preserves them and adds nutritional value and probiotics. It's so easy that you'll be a master in no time. Basic fermentation techniques will be demonstrated that can be used for most vegetables. This class will include both microbiology basics, troubleshooting and ferment creation. . FMI visit emmaholder.com/fermentation.

Thursday, March 13, 2025, 6:00 to 7:15 pm

Zoom link, in-person address, materials list shared upon registration.

Tuition: \$20.00

Registration Fee: \$5.00

Enrollment Min/Max: 1/8



Preserving the Harvest!

Instructor: Abbie Perry, UMaine Cooperative Extension

One-night workshop

Ever wonder how to preserve all those great garden veggies? This hands-on workshop led by a University of Maine Extension volunteer will teach you the basic steps for canning and freezing. Participants will receive a "Preserving the Harvest" packet and will learn recommended methods for preserving foods. They will also receive the latest and safest recipes, learn about equipment safety, and be taught how to ensure jars are properly sealed.

Please bring a potholder with you to the workshop. There is a materials fee of \$20 that will be paid directly to the instructor.

Date: 3/18/25

Day/Time: Tuesday

6:00 to 9:00 p.m.

Location: SAHS

Room: Yellow 4

Tuition: Free

Registration Fee: \$5.00

Enrollment Min/Max: 5/12

PERSONAL ENRICHMENT

Exercise, Health & Wellness

Aerobics ~ Low Impact

Instructor: Lois Davis

Participate in a fun and exciting low-impact aerobics class where you work out at your own pace. Relieve stress, improve cardio, tone, and make new friends.

Start Date: 1/27/25 End Date: 4/10/25
(No class 2/17 and 2/20)
Days/Time: Mon/Thur 6:00 p.m. to 7:30 p.m.
Location: Bloomfield Room: Gym
Tuition: \$65.00 Registration Fee: \$5.00
Enrollment Min/Max: 10/20



Gentle Yoga

Instructor: Desiree Kelley

A slow, safe, guided practice using various props to support all students. This class is perfect for anyone new to yoga, individuals with mobility or physical limitations, seniors, or anyone looking for a slower-paced practice. This class will focus on breath work, short meditation, light movement, and relaxation.

For the best experience please bring the following props: yoga mat, blanket, two yoga blocks, yoga strap (or dog leash, belt or tie), and a yoga bolster (or large pillow).

Start Date: 1/28/25 End Date: 3/11/25
(No class 2/18)
Day/Time: Tuesday 5:00 p.m. to 6:00 p.m.
Location: Bloomfield Room: Gym
Tuition: \$25.00 Registration Fee: \$5.00
Enrollment Min/Max: 8/15

Chair Yoga

Instructor: Desiree Kelley

Chair Yoga incorporates elements from traditional yoga including breathing techniques, meditation and physical postures while sitting in a chair or using a chair for balance.

Performing yoga in a chair provides extra support for individuals looking for a gentle practice who may have mobility issues or injuries. Benefits of chair yoga include increased strength and mobility, increased flexibility and stress reduction.

Start Date: 3/25/25 End Date: 5/6/25
(No class 4/22)
Day/Time: Tuesday 5:00 p.m.-6:00 p.m.
Location: Bloomfield Room: Gym
Tuition: \$25.00 Registration Fee: \$5.00
Enrollment Min/Max: 8/15



PERSONAL ENRICHMENT

Exercise, Health & Wellness

How to Cast a Fly Rod: The first step to fly fishing Instructor: Mary Ostrowski

Learn the fundamentals of casting on a one-to-one basis. Beginners to advanced casters will learn or improve the basic cast, roll cast, and mends. In addition, you will learn line management, casting in wind, hauling, and other useful tasks.

Take advantage of a certified casting instructor to assist you with any casting problems.

This class will be held OUTDOORS on the Skowhegan Area High School campus grounds. DRESS FOR OUTDOOR PRACTICE. Also bring a hat and sunglasses to protect your head and your eyes. Bring a 4-7 wt. fly rod with a floating line. Instructor will provide a leader with a practice fly. Dates of class can be flexible if weather conditions prevent a class. Participants will be notified accordingly.

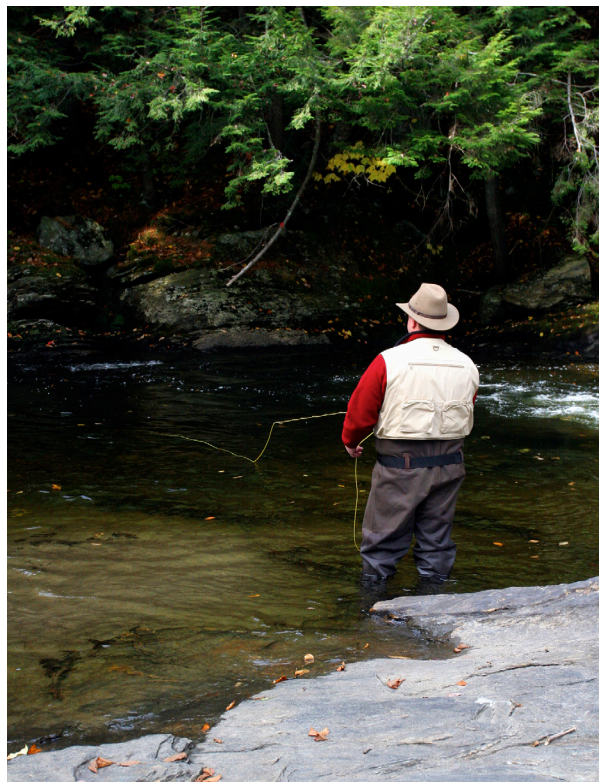
Dates: 5/12, 5/13, 5/14

Time: 5:30 p.m. to 7:30 p.m.

Location: First meeting in SAHS Rm. TBD

Tuition: \$45.00 Registration Fee: \$5.00

Enrollment Min/Max: 4/6



Vegetarian Cooking Study and Discussion Instructor: Richard Tory



In this two-week workshop, learn more about vegetarian cooking and eating.

Various methods will be discussed with an emphasis on fresh produce and cooking for families. Free materials will be provided by the instructor.

Date: 1/28 and and 2/4/25

Day/Time: Tuesday 4:00 p.m. to 5:30 p.m.

Location: SAHS Room: TBD

Tuition: Free Registration Fee: \$5.00

Enrollment Min/Max: 1/20

PERSONAL ENRICHMENT

Exercise, Health & Wellness

Basic Life Support

Instructor: Denise White, MSN/RN

In this one-night training, learn the essentials of recognizing respiratory and cardiac arrest and effectively beginning emergency treatment. Participants will learn CPR and how to use an Automated External Defibrillator (AED). *Upon successful completion, participants will receive an AHA CPR certification and card.*

Students will need to pick up and review the BLS Provider Manual prior to class so that they are prepared for an open-book test at the end of the training.

Option #1: Wednesday, 3/5/25

Option #2: Wednesday, 5/7/25

Time: 4:00 p.m. to 8:00 p.m.

Location: SAHS Room: Media Center

Tuition: \$40 Registration Fee: \$5.00

Enrollment Min/Max: 4/6

Winter Walking - 2025

A Joint Initiative of Somerset Public Health and MSAD # 54

Are you looking for an opportunity to walk in a dry, safe, well-lit place? The hallways of Skowhegan Area High School are available from 5:00 p.m. to 7:00 p.m. Monday through Thursday and are a good place to walk during the winter months.

- You must register with Skowhegan Area Adult Education and sign in and out every time you attend. A roster will be available at the adult education office.
- Please respect the facility by changing into a clean and appropriate pair of indoor walking shoes.
- Please stay in the areas designated for walking.
- Please walk, not run.
- If you have a medical condition or have not seen a health care provider in the past year, we strongly recommend that you do so before increasing your physical activity.
- A person choosing to be involved in this walking program does so at his or her own risk.

FREE

Monday through Thursday 1/6/25 – 3/27/25

5:00 to 7:00 p.m.

No walking on holidays or during school vacations. Listen for school cancellation announcements. If school or after school activities are cancelled, there will be no walking.



Beekeeping for Beginners

Instructor: Kevin McFadden

This beginner beekeeping course will educate those interested in getting started with BEES and BEEKEEPING. Topics of discussion will be Langstrom beehives, assembling bee equipment, installing a nuc, controlling swarming, and dealing with varroa mites. Other topics include how and when to harvest honey, splitting hives, and winterizing the bees.

On the first night of class, the instructor will collect \$55 from each participant to cover the cost of the textbook and for a one-year membership to the Somerset Beekeepers Club. Assignment of a mentor will be available.

Class Dates: Wed., 2/12; Wed., 2/19; Thurs., 2/27; Wed., 3/5; Wed., 3/12

Time: 6:00 p.m. to 8:30 p.m.

Location: Poulin-Turner Union Hall
627 US-201 Skowhegan, Maine

Tuition: See above Registration Fee: \$5.00

Enrollment Min/Max: 5/25



PERSONAL ENRICHMENT

General Personal Enrichment



A Writer's Workshop

Instructor: Kristin Leonard

Kristin holds a Masters in English (Literature), as well as an M. F. A. in Creative Writing from the University of Southern Maine. Her critical and creative work has appeared in numerous publications. Follow her at kristinleonard.com.

ONLINE

Join us this spring for a 6-week writer's workshop. In this session, we will address the concepts of Time and Place in our stories, poems, and plays. More specifically, how do they impact the scenes that unfold and the images we create, in both our earliest, developing rough drafts and in our polished, almost-final revisions?

Participants will write and/or revise their pieces and together we will examine successful writing strategies and tricks of the trade. And most of all, we will discover that writing can be fun!

Start Date: 3/5/25 End Date: 4/9/25
Day/Time: Wednesday 6:30 p.m. to 8:30 p.m.
Location: Zoom
Tuition: \$50.00 Registration Fee: \$5.00
Enrollment Min/Max: 5/12



Firearms - Hunter Safety

Instructor: Russell Corson

This course—taught by a trained, certified volunteer instructor—combines 7.5 hours of classroom instruction with some required independent study at home between the first and second class.

Students must demonstrate that they can safely handle a firearm, participate in activities, bring in a survival kit with appropriate contents, and pass a 50-question test with a grade of at least 70%.

Option #1: 1/29/25, 2/11/25, and 2/13/25
Option #2: 3/5/25, 3/18/25, and 3/20/25

Time: 6:00 p.m. to 8:30 p.m.
Location: SAHS Room: TBA
Tuition: Free Registration Fee: \$5.00
Enrollment Min/Max: 5/15

Maine Driving Dynamics

Instructor: TBA

The Maine Driving Dynamics course is a driver improvement course that is aimed to improve a student's defensive driving awareness and abilities.

This two-night course includes discussion of collision avoidance techniques, safety issues, driver habits and attitudes, and the basic elements that constantly challenge drivers on Maine's highways. Our goal is to save lives, prevent injuries, and reduce vehicle-related crashes.

A student who completes the course will receive a three-point credit on their driving record. It may take up to two weeks for processing. Questions regarding your license should be addressed to Bureau of Motor Vehicles at 207-624-9000.

Dates: 5/12/25 and 5/14/25
Day/Time: Mon./Wed. 6:00 p.m. to 8:30 p.m.
Location: SAHS Room: TBA
Tuition: \$65 Registration Fee: \$5.00
Enrollment Min/Max: 5/10

PERSONAL ENRICHMENT

General Personal Enrichment

Home Buyers and Home Sellers Seminar Instructor: Pamela Cairnie

This class, taught by Pamela Cairnie, a broker with eXp Realty, is designed to guide you through the home buying or selling process with confidence. Whether you're dreaming of buying your first home, planning to sell your current one, or trying to navigate how to buy (when you need to sell), this class is for you!

Pamela's expertise in the central and western Maine real estate market will provide you with the tools, insider strategies, and answers to all your real estate questions. Don't miss this opportunity to gain valuable knowledge and make your next move a smooth success!

Date: 4/10/25
Day/Time: Thursday 6:30 p.m. to 8:30 p.m.
Location: SAHS Room: TBD
Tuition: Free Registration Fee: \$5.00
Enrollment Min/Max: 4/20

Homesteading Instructors: Heidi Burrows, Jonathan Burrows, and Pamela Cairnie

Interested in starting your homesteading journey? This two-hour class provides a practical introduction to the essentials of agriculture and livestock care. You'll learn about seasonal planting, soil preparation, basic animal care, and the tools and resources you need to get started. Whether you're dreaming of a bountiful garden or raising chickens for fresh eggs, this class will give you the confidence to take the first steps.

Participants are invited to continue their learning through the monthly Somerset County Homesteaders Group meetings, though joining is not required. Come discover how to start small and grow big!

Date: 4/03/25
Day/Time: Thursday 6:30 p.m. to 8:30 p.m.
Location: SAHS Room: TBD
Tuition: Free Registration Fee: \$5.00
Enrollment Min/Max: 4/20



Spring Refresh Simplify & Organize Your Home Instructor: Pamela Cairnie

Spring is the perfect time to reset your home! Learn practical tips and proven strategies to declutter, organize, and create a more peaceful space.

Whether you're preparing for a move, downsizing, or just simplifying, this class will help you welcome the season with a lighter, brighter home!

Date: 4/17/25
Day/Time: Thursday 6:30 p.m. to 8:30 p.m.
Location: SAHS Room: TBD
Tuition: Free Registration Fee: \$5.00
Enrollment Min/Max: 4/20



PERSONAL ENRICHMENT

General Personal Enrichment



Elder Law, Estate and Long-Term Care Planning for any Age

Instructor: Matthew or Mark Nale, Esq.

Designed for students of all ages, this class provides a thorough understanding of how to effectively plan for the future, ensuring peace of mind and financial security. Discussion will include the key elements of estate planning, retirement planning, advance directives, various options and strategies to pay for long-term care, and how to pass your assets outside of the probate process. Attorney Nale will be available after class to answer any questions.

Date: 5/7/25

Day/Time: Wednesday 6:00 p.m. to 8:00 p.m.

Location: SAHS Room: TBA

Tuition: Free Registration Fee: \$5.00

Enrollment Min/Max: 5/20

Maine's Death with Dignity Act

Instructor: Valerie Lovelace

Val Lovelace founded the 501(c)(3) not-for-profit organization Maine Death with Dignity and serves as its executive director.

ONLINE - one-night sessions

Maine's compassionate end-of-life care option is the subject of a great deal of confusion and false information. Although Maine's Death with Dignity Act has been in place since September 2019, many patients and medical personnel are still unaware of it. Learn how to talk about it with your doctor, how to comply with the law, or how to help a family member who might qualify.

Option 1: Tues., 1/14/25

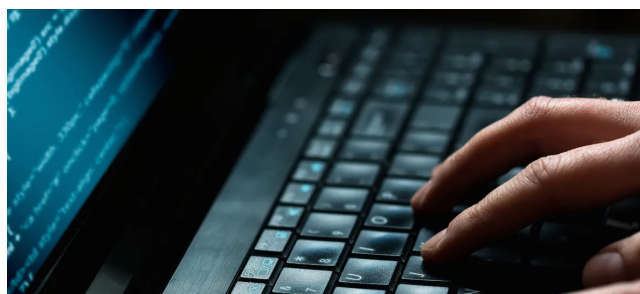
Option 2: Thurs., 4/17/25

Time: 6:30 p.m. to 8:00 p.m.

Location: Zoom

Tuition: Free Registration Fee: None

Enrollment Min/Max: 4/25



Computer Programming Basics Using Python

Instructor: Dean Greer

ONLINE

In this nine-week class participants will learn the fundamentals of computer programming using the Python language. This course is for the complete beginner or someone with slight exposure to programming. Mr. Greer brings a wealth of experience, having worked in IT since 2004.

Students will need either a PC or Mac desktop or laptop computer (no Chromebooks) and a reliable internet connection.

Start Date: 2/11/25

End Date: 4/8/25

Day: Tuesday

Time: 5:00 p.m. to 6:30 p.m.

Location: Zoom

Tuition: \$60.00

Registration Fee: \$5.00

Enrollment Min/Max: 6/15



DIGITAL LITERACY

Intermediate Programming with Python

Instructor: Dean Greer

ONLINE

Join experienced Python instructor Dean Greer as he takes you beyond the basics of Python. In this next phase, you'll build upon the fundamentals with topics like data structures, intermediate control structures, how to practice coding effectively, and module importation. The typical prerequisite for this course is "Programming Basics Using Python," but those with adequate experience should feel free to sign up.

Students will need either a PC or Mac desktop or laptop computer (no Chromebooks) and a reliable internet connection.

Start Date: 2/13/25 End Date: 4/10/25
Day: Thursday Time: 5:00 p.m. to 6:30 p.m.
Location: Zoom
Tuition: \$60.00 Registration Fee: \$5.00
Enrollment Min/Max: 6/15

National Digital Equity Center Classes

Call 474-7553 or visit our website, www.msad54.maineadulted.org, to register.

MacOS Intermediate

1/8, 1/15, and 1/22 from 4:00-5:00 p.m.

This course is the extension of the MacOS Basics class. The intermediate class covers in greater detail how to customize your Mac to better suit your work and personal style.

Requirements for this class: A MacOS computer connected to the internet and completion of MAC OS Basics or equivalent knowledge

Telehealth

Connecting with Your Healthcare Provider from Home

2/5/25 from 3:30-4:30 p.m.

In this class we will look at how you can connect with your healthcare provider from the comfort of your own home. Telehealth is the new Home Visit, allowing healthcare providers to evaluate, diagnose, and treat patients.

Requirements for this class: No devices are required; just bring yourself.

The Tech Spot

Facilitators: Lynn Perry and Amy Haynes

Now in two locations!

The Tech Spot is a school and community project that offers technology advice and tutoring at no charge to adults from throughout our school district.

Examples of possible help sessions include general computer operation, conducting web searches, using Facebook and other social media programs, and operating Smart phones, iPads, Tablets, and PCs.

FMI or to schedule an appointment with the Tech Spot staff, please call the Adult Education office at 474-7553.

Project partners include MSAD 54 Adult & Community Education, Town of Skowhegan, Somerset Economic Development, and the MSAD 54 Technology Staff.

Skowhegan Location

Call 474-7553 for an appointment.

Start Date: 2/25/25 End Date: 5/14/25
(No Tech Spot on holidays or during school vacations.)

Day/Time: Tues./Wed. 2:30 p.m. - 4:30 p.m.

Location: Skowhegan Municipal Building
Tuition: Free

Bingham Location

Walk in--no appointment needed.

Start Date: 1/6/25 End Date: 5/13/25
(No Tech Spot on holidays or during school vacations.)

Day/Time: Mondays 8:00 a.m.-1:00 p.m.
 Tuesdays 12:00-5:00p.m.

Location: Former Quimby Elementary School, 263 Main Street, Bingham



COMMUNITY INTEREST



Are You Having Trouble Controlling the Way You Eat?

Do you struggle with food obsession, overeating, undereating, or bulimia? There is a solution: Food Addicts in Recovery Anonymous is holding a FREE information sessions on the following dates from 6:30-8:30 p.m. on Zoom: Tuesday, 5/20/25; Monday, 6/16/25,

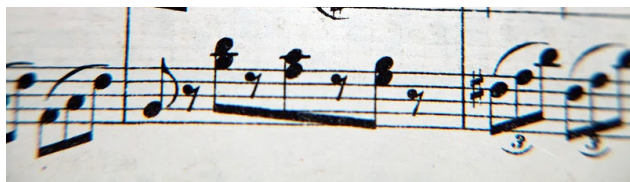
For more information and to receive the Zoom link email fa.newcastle.maine@gmail.com or call Sharon at 207-250-7373.

Skowhegan Area Community Band

This band is made up of people who wish to continue playing their instruments. All skill levels are welcome. We meet once a week to prepare for our various concerts and performances, including a Spring Concert and the Adult Education Graduation.

The band meets Wednesday nights from 6:00 to 8:00 p.m. at the Centenary United Methodist Church on Dr. Mann Road in Skowhegan.

Contact Director Les Tomlinson for more information at (207) 399-7512 or at ltomlinson@beeline-online.net.



Skowhegan Community Chorus

We will begin our spring season on Monday February 10. Kenneth Martin, music director, would like to invite all singers to join the members of the Skowhegan Community Chorus every Monday from 6:30 p.m. to 8:00 p.m. at the Centenary United Methodist Church on Dr. Mann Road in Skowhegan.

The Community Chorus has a concert in early May. No auditions are required. FMI, contact Director Kenneth Martin at 474-7060 or ken.martin@skowhegansings.com. **There will be a \$20 admission fee to help cover music cost.**

Learn to Ride a Bike

Instructor: Erik DaSilva, Bicycle Coalition of Maine

If you never learned to ride a bike as a kid, you're not alone and you're not too late! We will guide you through simple steps to help get you rolling and build your confidence on two wheels. This class is open to teenagers and adults who haven't learned to ride a bike before. Bring a 2-wheel bike to learn on—one where the seat can be set low enough to sit with both heels flat (no "tip-toes") on the ground and knees slightly bent. We will focus on balancing, pedaling, and bicycle control. A parent or guardian must accompany students 13-16 years. Rain date will be Saturday, May 17. Donations are welcome to the Bicycle Coalition of Maine by cash or check at class or via their website at www.bikemaine.org/donate.

Limit 5 students.

Saturday, 9:00 AM—10:00 AM

May 10, 2025

Registration Fee: \$5

Location: Messalonskee High School, Courtyard, at 131 Messalonskee High Drive, Oakland, ME



Fix-A-Bike Spring Workshop

Instructor: Erik DaSilva, Bicycle Coalition of Maine

Join us for a bike maintenance workshop for teens and adults. Are you curious about bicycle mechanics? Would you like to maintain your bike better, do repairs yourself, or get your bike ready for spring? Would you like to be better prepared to fix breakdowns when you are out on the road? Bring your bike and tool kit, if you have one. A parent or guardian must accompany students 13-16 years. Rain date will be Saturday, May 17. Donations are welcome to the Bicycle Coalition of Maine by cash or check or via their website anytime at www.bikemaine.org/donate.

Limit 18 students.

Saturday, 10:30 AM- 12:30 PM

May 10, 2025

Registration Fee: \$5

Location: Messalonskee High School, Courtyard, at 131 Messalonskee High Drive, Oakland, ME

COMMUNITY INTEREST

Free FAME Online Workshops



FAME (the Finance Authority of Maine) is offering several FREE online workshops this winter/spring. FMI or to register please visit our website msad54.maineadulted.org, email adulted@msad54.org, or call 474-7553.

Adulting 101: For the Love of Money

February 12, 6:30 p.m.

Successful Scholarship Searches and Applications

February 26, 7:00 p.m.

Planning and Paying for College

March 5, 6:00 p.m.

Adulting 102: Money Grows

March 19, 6:30 p.m.

Spring Into College Savings: Maine's College Savings Program

April 2, 7:00 p.m.

Student Loan Repayment – Strategies and Pro Tips

May 7, 6:00 p.m.

Putting the Literacy in Financial Literacy: Book Club with FAME

2/4, 2/18, 3/4, 3/18, and 4/1 at 6:00 p.m.

Students will need to purchase their own copy of the book to participate.



Trip to Boston:

New England Aquarium and Duck Tour

Saturday, May 3, 2025

Deadline to register February 14, 2025

To register for this bus trip, please contact Kathy Widdomb at Lawrence Adult Education - 207-453-4200 or email adulted@msad49.org.

New England Aquarium: Join us for a fun day in Boston starting with a visit to the New England Aquarium! There you can experience exhibits such as the Indo-Pacific Coral Reef, the Atlantic Harbor Seals, the Giant Ocean Tank, Olympic Coast, and more! Don't forget to visit the gift shop!

When planning your visit, check out the website: www.neaq.org to see additional things to do, such as the Simons Theatre.

Duck Tour: Right from the Aquarium, we'll hop aboard Boston Duck Tours and enjoy a fully narrated and guided historic tour of Boston in a "DUCK," a World War II style amphibious landing vehicle that travels on land and water. Cruise by all the places that make Boston the birthplace of freedom and a city of firsts, from the golden domed state House to the Boston Common, the historic North End to fashionable Newbury Street, Quincy Market to the Prudential Tower, and more. Just when you think you've seen it all, it's time for a Big Splash as your ConDUCKtor drives the DUCK right into the Charles River for a breathtaking view of the Boston and Cambridge skylines.

- 7:00 a.m. departure from Lawrence Jr. High School parking lot
- 7:30 a.m. departure from West Gardiner Park and Ride across from the Service Plaza
- Short break at the Kennebunk Rest Area
- 11:00 a.m. arrive in Boston
- 4:00 p.m. approximate departure from Boston

Aquarium and Duck Tour Cost (including bus fees): \$175 adult; \$170 Senior (60+), \$156 youth ages 3-17

Aquarium Only Cost (including bus fees): \$136 adult and senior; \$120 youth ages 3-17

Offered by Lawrence Adult Education, Fairfield. To register, visit www.lawrenceadulted.org or call 207-453-4200, ext. 3114.

HOW TO REGISTER

All registrations begin January 2:

- Online: www.msad54.maineadulted.org
- Phone: (207) 474-7553
- Mail: 61 Academy Circle
Skowhegan, ME. 04976
- In Person: 8:30 a.m. – 4:30 p.m., Mon.-Thurs.
8:00 a.m.-12:00 p.m., Fri.

Senior Discount

Seniors (62 or older) receive a 25% tuition discount on most enrichment classes.

Make-up Dates

All make-up classes must be completed within two weeks of the missed class. Please make final arrangements with your instructor.

Can I take a class with my child?

Adult education students are age 18 and older. Students who are 16 or 17 may enroll in a high school completion program with permission from a parent and/or guardian. Students aged 16 or 17 may enroll in a personal enrichment class if a parent/guardian registers and attends with the child. Child care is not provided, and children may not accompany parents to class.

Class Cancellation

Each course must meet minimum enrollment requirements, ranging between 2 to 10 students depending on the class. Classes that do not meet minimum enrollment requirements may be cancelled.

School Cancellation

School cancellations will be announced on television stations and the district website. If MSAD 54 cancels during the day, then Skowhegan Adult Education will also be cancelled. This does not include early release days or teacher in-service days.

Request for Accommodations

Reasonable accommodations are available upon request for people who have a documented disability.

Funding for Academic Classes

Funding provided by U.S. Department of Education Title II Adult Education and Family Literacy Act.

Refund Policy

If we cancel a class, or if you are unable to start a class, notify Adult and Community Education prior to the first class and in both instances, you will receive a full refund.*

If you withdraw prior to the second class, we will refund your tuition, materials, book, and lab fees, but the registration fee and personal expenses are not refundable.

No refunds will be made after the second class, no exceptions.

Refund payments are by check and mailed to the address on the registration form. No cash refunds. Allow two to four weeks for processing.

***CANCELLED CREDIT CARD PAYMENTS WILL BE SUBJECT TO A \$3 PROCESSING FEE.**

Fees

Tuition, lab, book, materials, and registration fees are listed in the course description where applicable. Registration not accompanied by full payment will be placed on a waiting list until payment is received in full. Receipts are available at the Adult Education office.

Gift Certificates

Skowhegan Adult Education gift certificates are available for purchase in the Adult Education office during regular office hours.

Non-Discrimination/ Equal Opportunity and Affirmative Action

The RSU54/MSAD54 Board is committed to maintaining a workplace and learning environment that is free from illegal discrimination and harassment. In accordance with applicable Federal and/or State laws and regulations, RSU54/MSAD54 prohibits discrimination against and harassment of employees, candidates for employment, students and other with rights to admission or access to school programs, activities or premises on the basis of race, color, sex, sexual orientation, religion, ancestry or national origin, age, or disability. For the purpose of this policy, sexual orientation means a person's actual or perceived heterosexuality, bisexuality, homosexuality, or gender identity or expression.

**RSU 54/MSAD 54 Adult & Community Education
REGISTRATION FORM**

Name: _____ DOB: _____ Date: _____

Mailing Address: _____

Town: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

EMAIL: _____

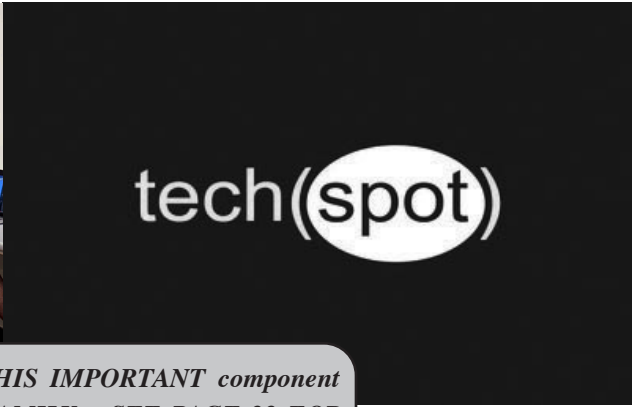
Date	Day	Time	Course Name	Tuition
Add \$5.00 registration fee for EACH class/workshop				_____
<i>Less 25% for Seniors 62+</i>				_____
Total				_____
<p>MAKE CHECKS PAYABLE TO: MSAD 54 ADULT EDUCATION</p> <p>Mail to: 61 Academy Circle, Skowhegan, ME 04976</p>				

Office Only - Received date

CASH

CHECK#

Receipt#



TECH SPOT – CHECK OUT THIS IMPORTANT component of THE ADULT EDUCATION FAMILY – SEE PAGE 23 FOR MORE DETAILS.

Back by popular demand:

- Beekeeping pg. 19
- Yoga pg. 17
- Elder Law pg. 22
- Blacksmithing pg. 14

